

HYDRATE<sup>+</sup>  
**Hypotonic  
 Sachets**

BAHSP50



**Flavours**

Blackcurrant, Lemon + Lime, Pineapple

**Packaging**

1 30 150

**Serving:**

50 Mixed Pack Sachets, 5g Serve

**Nutritional Information**

per 5g serving

Energy	62kJ
Protein	3g
Sodium	150mg
Potassium	120mg
Calcium	71mg
Magnesium	60mg
Chloride	362mg
Vitamin C	10mg
Vitamin B1	80µg
Vitamin B2	90µg
Vitamin B3	1mg
Vitamin B5	0.5mg
Vitamin B6	0.1mg
Vitamin B7	20µg
Vitamin B9	10µg
Vitamin B12	0.3µg
Glutamine	167mg
L-Theanine	1mg
Fat, Total	0.0g
- Saturated	0.0g
Carbohydrates	0.28g
- Sugars	0.04g

**More Than Electrolytes:** A comprehensive blend of electrolytes combined with B-vitamins, vitamin C, L-Theanine, and Glutamine for full performance support.

**Recovery & Performance Focused:** Supports muscle recovery, cognitive function, and sustained energy to help you perform at your peak, no matter the challenge.

**Hypotonic Formula for Rapid Hydration:** Scientifically designed for faster absorption than traditional sports drinks, ensuring quick and effective rehydration.

**High-Quality Assurance:** Formulated and manufactured in Australia with third-party testing to ensure potency and purity, made in a GMP-certified facility.

**Clean Ingredients, Delicious Taste:** No artificial colours or flavours, gluten and dairy-free, and with no added sugar. Just rip, tip, and sip—mix with 600ml of water.

**Directions For Use**

**Rip, Tip & Sip**

Simply mix one sachet to 600ml of water in a shaker or glass, shake and consume slowly for maximum absorption.



**Ingredients**

Sodium Chloride, Potassium Chloride, Magnesium Chloride, Calcium Citrate Tetrahydrate, Glutamine, Sea Buckthorn, Panmol B, L-Theanine, Silica Sipernat, Natural Flavour, Citric Acid, Natural Colours (Curcumin, Blue Spirulina, Red Beets), Thaumatin, Glycine (amino acid), Rice Maltodextrin.