

# MEASURING TIPS FOR STENCIL® GARMENTS

**IMPORTANT:** half-chest measurements throughout this catalogue reflects finished garment dimensions, not 'to fit' sizing. Please take this into consideration when ordering.

## CHEST

Measure your chest from right under your armpits. Make sure that the highest point of your chest and your shoulder blades are included in the measurement.

## SLEEVES & BACK LENGTH

With your arm hanging slightly bent & relaxed, measure from the point of your shoulder down to your wrist. For the length of the garment, measure from neck seam to hem.

## NECK

Measure the base of your neck, or take a measurement from a collared shirt that fits well. Pressing the collar flat, take your measurement from the centre of the button to the end of the button hole.

## GARMENT STYLES & SIZING

Different garments are designed to offer different fits. Some have a loose profile, while others are trimmed in around the waist and have structured shoulders.

Garment sizing varies between brands and styles.

The best way to ensure a good fit is to go by your physical measurements - not your current shirt size. To get the perfect size, lay your favourite shirt flat on a table and measure the chest. By selecting a size that is close to your favourite shirt's measurements, you will ensure a good fit. All measurements are within a tolerance of 1 – 1.5 cm.

## WASHING

Remember that Cotton garments can shrink as much as five percent! This is especially important for sleeve lengths and neck fittings. For the best results, always follow the care instructions sewn inside your garment.

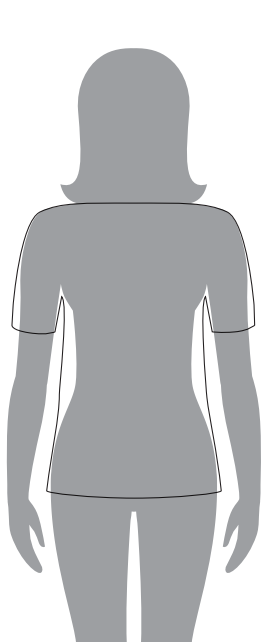
*Matt, the male model on the **back cover page** is 185cm and wears a size medium.*

*Shannon, the female model on the **front cover page** is 179cm and wears a size 10*

# FIT STYLES FOR STENCIL GARMENTS

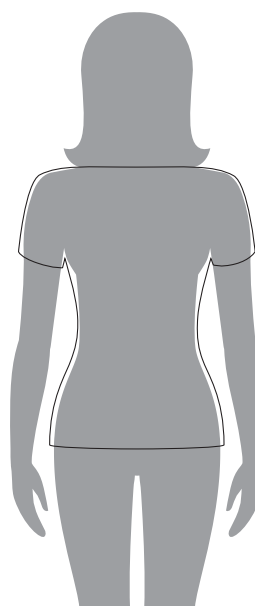
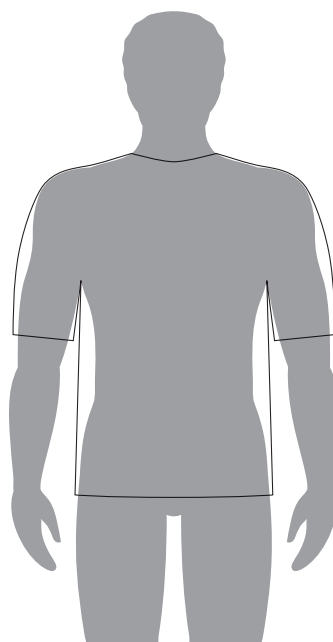
## POLO AND SHIRTING

In addition to half-chest measurements, our Polo and Woven shirts now also list a 'fit' style to help you choose elements that better suit your organisation's uniform requirements. There are four main styles of fit, as shown below.



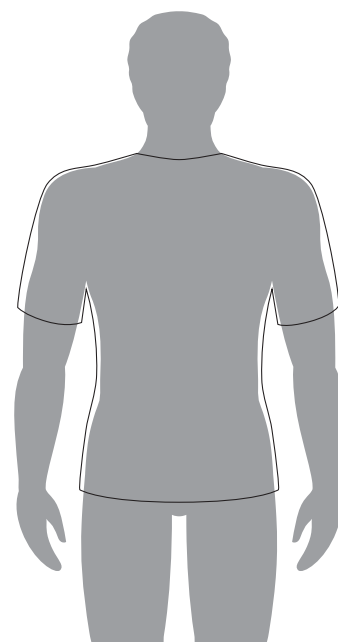
### Easy Fit

A slightly relaxed fit with generous measurements and ample room to move.

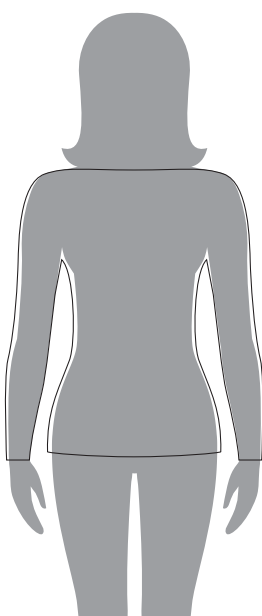


### Modern Fit

A contemporary fit designed to flatter the wearer, with slight tapering through the waist.

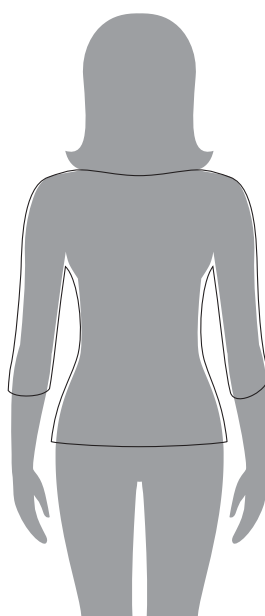
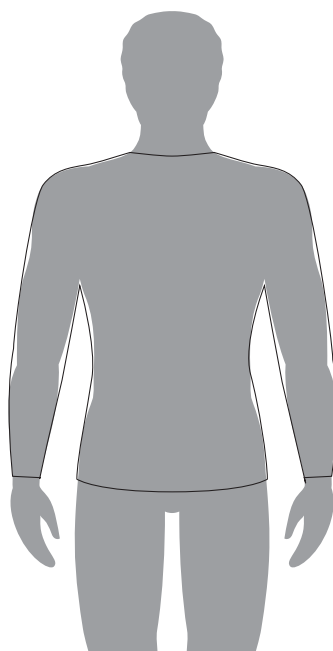


## TOP AND SHIRTING



### Semi-Fitted

Gently shaped through the torso. Follows the contours of the body for ease of movement. Go one size up for an easier fit.



### Tailored Fit

With carefully placed darts and seams, our tailored fit garments will accentuate your figure to create an elegant silhouette.

